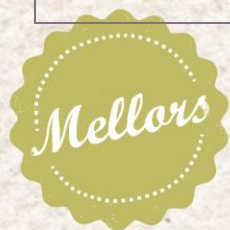


WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	All Day Breakfast with Wholemeal Bread	Cottage Pie & New Glazed Potatoes	Roast Turkey Gravy & Roast Potatoes	Chicken Tikka Masala with Brown Rice	Fish Fingers & Chunky Chips
VEGETARIAN MAIN DISH	Vegetarian Bolognese	Cheese & Onion Quiche with New Glazed Potatoes	Vegetarian Toad in the Hole with Gravy & Roast Potatoes	Quorn Lasagne	BBQ Bean & Cheese Wrap & Chunky Chips
ACCOMPAINMENTS	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Garden Peas Baked Beans & Salad Bar
DESSERTS	Plum Yoghurt Cake	Carrot Cake	Apple & Oat Cookies	Fruit in Jelly	Chocolate Orange Brownies
FRESH FRUIT & YOGHURT	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket Potato Choice of Fillings & Sandwich Selection	Jacket Potato Choice of Fillings & Sandwich Selection	Jacket Potato Choice of Fillings & Sandwich Selection	Jacket Potato Choice of Fillings & Sandwich Selection	Jacket potato Choice of Fillings & Sandwich selection



MENU



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- HEALTHY OPTION

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