



Physical Education

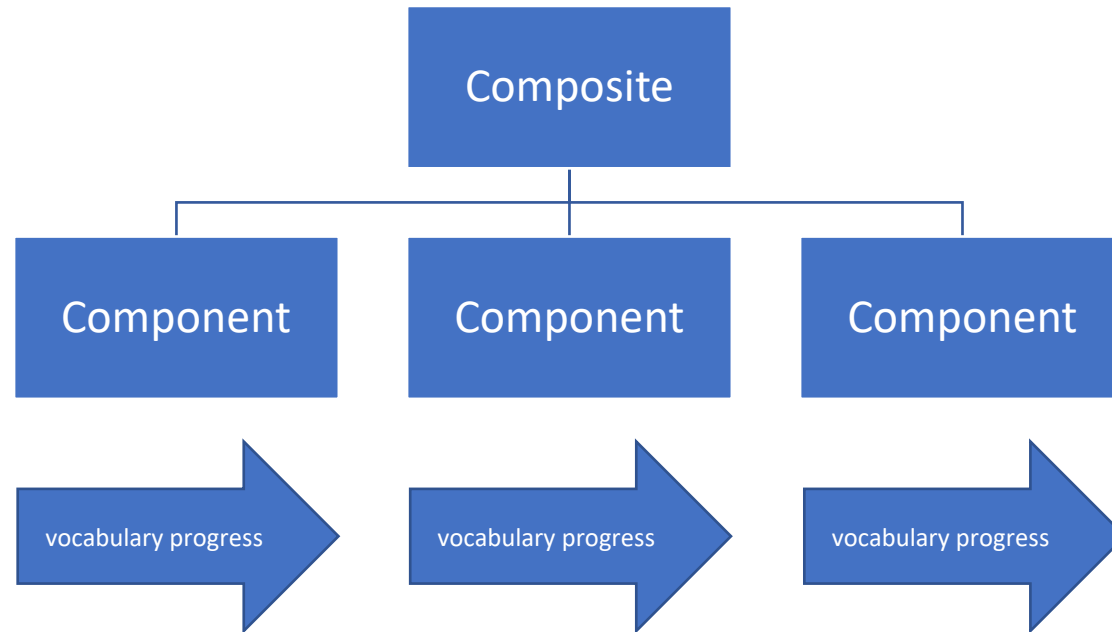
VOCABULARY FRAMEWORK FOR KEY STAGE 1 AND 2

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The National Curriculum is the top-level 'composite' outcomes but not the curricular components to get there – the intent. Each component has a skill set that shows progress through each key stage.

Subject leaders need to ensure that there is clear progression through each year group towards the national curriculum requirements for their subject.



Which words should we teach?

This document ensures that there is a clear year-on-year acquisition of key vocabulary within each component.


Tier 1

- Everyday words
- Most often found in everyday talk
- eg. the 20 most common words: the, be, to, of, and, a, in, that, have, I it, for, not, on, with, he, as, you, do, at

Tier 2

- General academic and literary words
- Most often found in academic speech and texts
- eg. relative, vary, formulate, accumulate, calibrate, itemise, misfortune, dignified, faltered, precede, periphery

Tier 3

- Subject specific words
 - Most often found in Information texts within a specific subject or field
 - eg. lava, ventricle, timbre, circumference, deciduous
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Based on Isabel L. Beck, Margaret G. McKeown, and Linda Kucan (2013) Bringing Words To Life

Physical Education							
	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	
Position	above anti-clockwise area backward below centre clockwise close to corner direction distance far first...second (etc) forward further group guess half half turn higher larger last least less long longer more most near object own space point position quarter turn short sideways smaller underneath whole	beyond compare height left order rank right	cross cross court down the line estimate left parallel right square tie			average distribution range rating seed	circumference diameter intersecting perimeter

Physical Education												
	Year 1		Year 2		Year 3		Year 4		Year 5		Year 6	
Location	court field floor (of a pool) lane pitch poolside racetrack ring track		environment obstacle surroundings target		arena crease green region stadium wicket		base incline origin zone		starting blocks velodrome			
	after before event next now seconds then when whistle		earlier hold later period session since		approximate preparation process recovery repetition several		abrupt continuity continuous decrease former increase latter occasion phase		context dominate enduring		cumulative simultaneous	
	Shape and movement	backward roll	rhythm	arch	assist	peak	accelerate	backspin	aerobic			
balance		run	bridge	backhand	rally	agility	friction	anaerobic				
	bounce	sit-up	cartwheel	backstep	receive	bridge walk	maximum	anticipate				
	catch	skip	control	dynamics	rotate	demonstrate	minimum	movement				
	cool down	speed	lunge	extended	sequence	endurance	outcome					
	forward roll	spin	lunge kick	footwork	serve	intensity	resistance					
	handstand	sprint	rhythm	force	set	non-dominant	rigorous					
	hit	squat	route	forehand	shot	receive	scull					
	jog	star jumps	sidestep	function	straddle	spin	sidespin					
	jump	stretch	space	game	volley	tuck roll	topspin					
	kick	throw	split	hollow			velocity					
	land	travel	stationary	lob								
	one-handed	twist	strike	match								
	overarm	two-handed	symmetrical	match point								
	press-up	underarm	tuck	muscle								
	pull-up	walk	tumble	navigate								
	race	warm-up		pace								

Physical Education												
	Year 1		Year 2		Year 3		Year 4		Year 5		Year 6	
Teamwork and behaviour	background	tradition	action	tactics	achieve	positive	aspiration	self-worth	aesthetic		analyse	
	behaviour		bullying	worry	adjust	principle	characteristic	sensitivity	compassion		bias	
	challenge		cooperate		ambition	principles	code	sympathy	compensate		characterise	
	choice		creative		antisocial	reflect	consider	tolerance	considerate		concept	
	disabled		disability		appreciate	resolve	constructive	tolerate	crucial		controversy	
	dream		enjoyment		climate	self-confidence	critique	typical	effective		dilemma	
	enjoy		environment		collaborate	sensitive	empathy	verbalise	inform		epitomise	
	feeling		feedback		compete		ethic		perspective		facilitate	
	group		focus		concern		evaluate		pivotal		prejudice	
	idea		gender		confidence		integrity				values	
	imagination		guideline		conflict		intense					
	impression		opinion		consequence		mindfulness					
	manners		persistence		contribute		modify					
	persevere		respect		creativity		perseverance					
	polite		responsibilities		criticise		personal					
	resilience		rights		discrimination		quality					
	rule setting		strategy		minority		recognize					
team		surroundings		negative		resilience						
Sports	adventure sports	player	archery	surfing	American	scuba diving	abseil	Sumo	bowls		biathlon	
	athletics	point	card games	tournament	football	synchronised	badminton	Taekwondo	discus		billiards	
	ball	racer	(snap)	trainer	aquatic sports	swimming	blade	triple jump	hammer		bobsleigh	
	ball sports	racket	cards	victory	baton	triathlon	body-building	windsurfing	shot put		curling	
	baseball	rafting	catcher	winter sports	canoeing	volleyball	body-boarding		slalom		decathlon	
	basket	record	coach		checkers	water polo	chop				dressage	
	basketball	rounders	competition		club		dodgeball				equestrian	
	bat	rounders	cross-country		cue		drive				figure skating	
	bike	rowing	deck		darts		drop				heptathlon	
	block	rugby	defeat		draughts		fencing				hurling	
	boxing	run	dominoes		draw		flick				lacrosse	
	chess	sailing	extreme sports		fixture		gliding				pentathlon	
	climbing	score	golf		Formula 1		hurdle				polo	
	cricket	shooting	high jump		Grand Prix		javelin				steeplechase	
	cycle	skiing	judo		hiking		kick-boxing					
	dance	snooker	karate		hockey		kitesurfing					
	diving	swimmer	kart racing		ice hockey		Kung Fu					
	football	sword-	long jump		invasion games		orienteeing					
	gymnastics	fighting	mind sports		kayaking		paragliding					
	hoop	table tennis	parkour		leisure		parasailing					
	horse racing	tennis	pitcher		long jump		pole vault					
	medal	trampoline	play		marathon		pool					
	motor sports	umpire	pocket		paddle		race-walking					
	motorbike	water sports	relay		parachuting		skydiving					
	mountain sports	weightlifting	skateboarding		pool		smash					
	net	wrestling	snowboarding		puck		snorkelling					
	Olympics		stick		racquet		speed-walking					
Paralympics		summer sports		scuba diving		squash						

Physical Education												
	Year 1		Year 2		Year 3		Year 4		Year 5		Year 6	
Football and games	attacker	referee	back pass	18-yard box	winger	campaign	nutmeg					
	box	shoot	cross	6-yard box		dive						
	centre spot	throw in	foul	bend		far post						
	corner		free kick	brace		near post						
	defender		goal kick	chip shot		sliding tackle						
	dribble		hand ball	clean sheet								
	goal		header	double								
	goal area		kick off	goal-keeper								
	penalty area		penalty kick	goalie								
	linesman		penalty spot	hat-trick								
man-on		possession	obstruction									
mark		receive	off-side									
midfield		red card	position									
pass		spot kick	striker									
pitch		yellow card	treble									
Dance	ballet		call and response	ballroom	unison	Bhangra			anticipation			
	beat		chorus	cadence	weight	choreography			cross-rhythm			
	loud		compose	canon		contemporary			downbeat			
	notes		counts	coda		convention			off-beat			
	performance		ensemble	flow		crescendo			swing			
	piece		harmony	improvise		improvisation			syncopation			
	quiet		hip-hop	motif		Latin			upbeat			
	soft		melody	movement		reproduce						
	tune		relationships	phrase		structure						
			scale	soloist		tempo						
Swimming			backstroke	log roll								
			breaststroke	pike								
			deep	tread water								
			depth	tuck float								
			float (verb and noun)									
			front crawl									
			glide									
			push									
			self-rescue									
			stroke									
		submerge										